

## **A MESSAGE FROM JCP&L**

Before you know it, Jack Frost will be nipping at your nose, but he doesn't have to be nipping at your wallet, too. Taking steps now can help prevent high energy usage in the coming months.

✓ Make certain that your home is properly insulated. Adding insulation to your attic is one of the most effective ways to conserve heat.

✓ Set your thermostat no higher than 68 degrees. For every degree lower, you can save about three percent on your heating costs.

✓ Change or clean your furnace filter once a month. This allows your furnace to run more efficiently.

✓ Caulk and weather-strip doors and windows to keep heat from escaping.

Knowing what to do makes saving energy and money easy, and small changes can add up to big savings. For more ways to save, visit [www.energysavenj.com](http://www.energysavenj.com).